



General Information

The following list has been compiled to help you better prepare for HTEDance Social Officers Activities Retreat. It is our hope that you have the most productive and memorable experience possible and we will do everything in our power to ensure that happens. Please share this information with your social officers by giving each of them a copy of this page. Should you have any additional questions, please contact us at the HTEDance offices and we will be glad to help.

Camp Schedule: Enclosed is a copy of the SOAR schedule. While we will do our best to stay on schedule, please be advised that HTEDance will change/adapt the schedule if necessary. Sometimes, circumstances beyond our control arise and the need to revise might become necessary. Please remain flexible. HTEDance expects you to be punctual to ALL classes. Remember: To be on time is to be early.

What to Bring: You should have also received a copy of the "What to Bring" list. Please use this in your packing for SOAR.

Medical Authorization and Liability Release Form: Each SOAR participant will need to complete the enclosed Medical Release Form and turn in to HTEDance. This form must be signed by a parent/legal guardian. *No one will be allowed to participate at camp without this form!!*

Spirit Shop: HTEDance is proud to once again offer the Spirit Shop. Any item you could possibly need from dance tops to make-up is found in the Spirit Shop. The Spirit Shop is open every evening for your shopping convenience. Don't forget to pre-order your official SOAR T-shirt with your director.

Good luck note/gifts: HTEDance does not require you to do good luck notes/gifts for the other schools at camp. However, if you choose to do so out of the spirit of good sportsmanship, feel free. We do encourage a spirited environment at HTEDance. Remember, you are Social Officers and your nature in sportsmanship should reflect that.

Team Challenges: While at SOAR, the HTEDance staff will train and prepare you for your year ahead. As part of your training, you will be given Team Challenges to work on while at SOAR, but will require some pre-camp prep work. The HTEDance staff will help guide you through these projects.

Ceremony of Commitment: An exclusive to HTEDance. We would ask all directors to attend with social officers. This is THE most important time you will spend at SOAR. This highly emotional workshop is designed to prepare you for the year ahead. This is truly where it all starts. Here is the place where all the memories begin.

Workshops: For all workshops, it is suggested that you have the following items: notebook with paper, pens/pencils, stationary, stickers, your football schedule, birthdays of team members (if possible), other scheduled dates such as contests, spring show, etc. (if possible) and a jacket/sweatshirt (the ballroom gets cold). Please feel free to bring any other items you feel necessary to make yourselves comfortable without being distracted.



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Spirit Days: Each day at SOAR will be one of "HIGH SPIRIT!" We ask that you dress according to the theme of spirit for the day. *(Do not spend a huge amount of money in preparing for this! Use what you already have!)* The idea is to show you easy ways to incorporate themes into your practices to make them more enjoyable and spirited. At SOAR, our days will be

Day 1) SCHOOL SPIRIT: wear your team/school T-shirt, school colored dance clothes, etc

Day 2) SUPER HERO DAY– Become the heroes of your team!

Day 3) BEACH DAY– Come for the sun, but remember to be properly covered.

Day 4) SPREAD YOUR WINGS AND SOAR: we will all wear our official SOAR T-shirts on the last day

Budget: HTEDance suggests that you have cash on hand for some of the challenges and activities that will take place at SOAR. We promise that every penny spent will be used for something that can be used throughout the upcoming year. If you have any problems or questions, please contact us at the office so we can help. You can take the money from your budget, ask the girls to chip in from their supplies, ask for donations, etc.

- 1) Team Challenge #1: A familiar activity to SOAR but with a new twist. Budget for supplies is a maximum of \$25. **MUST SPEND ALL \$25, BUT NO MORE! KEEP RECEIPTS AND BRING TO SOAR WITH YOU.** Give the enclosed envelope to your social officers along with the money and let them take it from there.
- 2) Team Challenge #2: A wonderful new activity for SOAR. Budget for supplies is a maximum of \$50. Give the enclosed envelope to your social officers along with the money and let them take it from there.
- 3) Team Challenge #3: : Another wonderful new activity for SOAR. Budget for supplies is a maximum of \$50. Give the enclosed envelope to your social officers along with the money and let them take it from there.
- 4) General Supplies: A budget of \$100 is suggested, but many items on the supply list you may already have and will not have to purchase. These are items that your social officers will need for SOAR to complete the MANY activities we have planned for them. Give them the list and let them go shopping.